

Organic Lion's Mane Mushroom Extract Capsules

Hericium erinaceus. Specification version October 2026.

Ingredients	Organic Lion's Mane (Hericium erinaceus) dual extract, 14-16:1 60% Organic Lion's Mane (Hericium erinaceus) hot-water full-spectrum extract, 1:1 40%
Capsule shell	Hypromellose (plant cellulose), non-organic
Pack	90 capsules per pouch, 400 mg of extract in each capsule (495 mg filled capsule weight)
Packaging	Recyclable clear and white resealable pouch with front and back labels, cardboard box, brown paper tape. 63 g including the pouch and label
Allergens	Free from dairy, gluten, corn and soya
GMO	Free from genetically modified organisms
Shelf life	2 years in sealed containers when properly stored
Packed in	United Kingdom
Quality	Quality tested in the UK

Typical values

Typical values as sold, from the product label.

As sold	Per 3 capsules (1.2 g)	Per 100 g
Energy	19.76kJ	1647kJ
Moisture	0.04212g	3.51g
Ash	0.0738g	6.15g
Carbohydrates	0.9857g	82.14g
Protein	0.09948g	8.29g
Total fat	0.00336g (3.36mg)	0.28g

Specification limits

These are the limits every batch is manufactured to. They are the specification, not test results for an individual batch.

Microbiology		Heavy metals	
Total plate count	below 10,000 cfu/g	Arsenic (As)	below 1 ppm
Yeast and moulds	below 100 cfu/g	Lead (Pb)	below 2 ppm
E. coli	absent	Mercury (Hg)	below 0.1 ppm
Salmonella	absent	Cadmium (Cd)	below 1 ppm
		Chemicals	
		Pesticide residues	absent