

Organic Reishi Mushroom Extract Capsules

Ganoderma lucidum. Specification version October 2026.

Ingredients	Organic Reishi (Ganoderma lucidum) dual extract, 12-15:1 100%
Capsule shell	Hypromellose (plant cellulose), non-organic
Pack	90 capsules per pouch, 400 mg of extract in each capsule (495 mg filled capsule weight)
Packaging	Recyclable clear and white resealable pouch with front and back labels, cardboard box, brown paper tape. 63 g including the pouch and label
Allergens	Free from dairy, gluten, corn and soya
GMO	Free from genetically modified organisms
Shelf life	2 years in sealed containers when properly stored
Packed in	United Kingdom
Quality	Quality tested in the UK

Typical values

Typical values as sold, from the product label.

As sold	Per 3 capsules (1.2 g)	Per 100 g
Energy	18.74kJ	1562kJ
Moisture	0.03564g	2.97g
Ash	0.0636g	5.3g
Carbohydrates	0.9936g	82.8g
Protein	0.1054g	8.78g
Total fat	0.00156g (1.56mg)	0.13g

Specification limits

These are the limits every batch is manufactured to. They are the specification, not test results for an individual batch.

Microbiology		Heavy metals	
Total plate count	below 10,000 cfu/g	Arsenic (As)	below 1 ppm
Yeast and moulds	below 100 cfu/g	Lead (Pb)	below 2 ppm
E. coli	absent	Mercury (Hg)	below 0.1 ppm
Salmonella	absent	Cadmium (Cd)	below 1 ppm
		Chemicals	
		Pesticide residues	absent